

Saint Margaret Mary's Catholic Infant School Newsletter



Friday 23rd April 2021

Dear Families,

We have had another very busy week in school. All of the children are working so hard in class and we are all very proud of them. It has been so lovely for the teachers to share good news about the children and celebrate with parents/carers during our parents evenings over the past two weeks. Thank you for your ongoing support.

From Mrs Maddocks and all of the Staff at SMMI

FAMILY LEARNING COURSES

Please click on this link to our school website, scroll to 'Family Learning Offer' and click to find information about the latest FREE Family Learning courses on offer.

[St Margaret Mary's Catholic Infant School - Home](http://stmargaretmarysinfant.com)
(stmargaretmarysinfant.com)



They are offering reading, writing and maths workshops for Key Stage 1 children.

Please contact Sharon- 07825 117 499 sharon.fitzgerald@knowsley.gov.uk or Vicky - 07825 117 487 victoria.powell@knowsley.gov.uk for more information.

School Shoes



Children are required to wear black school shoes each day to school. Trainers, pumps, sandals, jelly shoes and any other type of shoe are not school shoes.

NURSERY PLACES FOR SEPTEMBER

We still have some full time and part time nursery places for September 2021.

Our nursery is in a self contained unit to the side of the main school building, with its own outside learning base. It is led by experienced and talented teachers, nursery nurses and teaching assistants and the quality of provision is excellent. Children get off to a 'flying start' in our Nursery!



If you have a child who will be three years old before the 1st September 2021, please contact the school office for more information and application forms.




60-Second Vegtastic Lunchbox Hacks

Veg are a key part of a healthy diet but it can be a real struggle to get kids to eat enough of them. Adding an extra portion or two to their packed lunch will help to up their intake. Try these simple ideas to **veg-pack their lunchboxes** with limited fuss.

The basic toolkit:

- Containers (small and lidded for dips, leftovers and more)
- Cutlery (if needed)
- Thermos (any heat-retaining flask is great for soups, baked beans, leftovers, etc.)
- Bamboo kebab sticks (optional, but helpful for making veggies more fun)

Top tip: Know your portions – a child's portion of veg is roughly 50g or what fits into a child's hand.

5 easy #LunchboxHacks to add more veg in 60 seconds or less:

- 1. The Salad-on-a-Stick**
Get a bamboo kebab stick and thread on different veg such as cherry tomatoes, cubed cucumber, cubed cooked beetroot, chunks of peppers, raw button mushrooms, crunchy lettuce, etc) in fun colours. If your child isn't a fan of veg, try starting off by alternating veg with cooked meat, cubed cheese, etc to ease them into it.
- 2. The Lunch Crunch**
1 carrot chopped into sticks (or pre-chopped carrot sticks) with a pot of hummus (or their favourite dip) adds a portion of veg.
- 3. The Sandwich Slice**
Slice 5cm cucumber (about the length of a small egg) and add to a sandwich for an extra portion of veg with minimal effort.
- 4. The Helpful Handful**
Add a handful of ready-to-eat snacky veg to a container. Try cherry tomatoes, drained tinned sweetcorn, celery sticks, green beans, cucumber etc.
- 5. The Half-Baked Plan**
Heat through half a tin of baked beans (ideally low sugar and salt) and stick in a heat-retaining flask for an easy veg portion win.

Top tip: Keep trying! If they are not used to veg in their packed lunch, it may be picked out and ignored on the first few days. The more they see it and interact with it, the more the veg becomes "normal".

My Favourite veg was:

I ate this many carrots:

I ate this much cucumber:

My Favourite veg was:

This week my rating is:

For recipes, tips and free downloads visit: vegpower.org.uk

AFTER SCHOOL SPORTS CLUBS

We are delighted to offer After School Sports Clubs for our children once again. These will be led by our Sports Coach Mr Scott. There are several benefits of playing sports for children such as having a healthier life, gaining more academic integrity and improving medical fitness. Not only this, but it develops self-esteem, social skills and teamwork.



CAFOD

The climate is in crisis and it affects us all. But it is the poorest communities who are suffering the most. Year 1 and 2 joined schools across England and Wales for @CAFODSchools national assembly yesterday to find out how we can tackle climate change <https://cafod.org.uk/News/Events/School-assemblies>



ST MARGARET MARY'S CHURCH



Masses will take place on Thursdays at 10.00a.m.
Saturdays at 5.30p.m. and Sundays at 10.00a.m.

Please follow this link for the parish newsletter
[St Margaret Mary's Catholic Infant School - Parish Newsletters](http://stmargaretmarysinfant.com)
(stmargaretmarysinfant.com)

Baptisms are postponed until 17th May at the earliest. If you would like to start the process for having your child baptised please contact Fiona and Laura, our co-ordinators, by email: smmbaptisms@outlook.com

WE NEED YOUR HELP!

PLEASE CONTINUE TO FOLLOW ALL COVID 19 SAFETY MEASURES IN SCHOOL.
This is to keep us all safe. Thank you.

- Wear a face mask at ALL times when on the school grounds.
- Please follow the one way system.
- Please ensure social distancing at ALL times.
- Please arrive on time—not early and not late.
- **Please queue and walk on the path around Church, NOT on the road.**
- **Please DO NOT park on the Church car park.**



If you are waiting for a test for your child and this comes back positive over the weekend please email COVID19@stmargaretmarysinfant.com.

STEP 1 8 March

29 March

EDUCATION

8 MARCH

- Schools and colleges open for all students
- Practical Higher Education courses

SOCIAL CONTACT

8 MARCH

- Exercise and recreation outdoors with household or one other person
- Household only indoors

29 MARCH

- Rule of 6 or two households outdoors
- Household only indoors

BUSINESS & ACTIVITIES

8 MARCH

- Wraparound care, including sport, for all children

29 MARCH

- Organised outdoor sport (children and adults)
- Outdoor sport and leisure facilities
- All outdoor children's activities
- Outdoor parent & child group (max 15 people, excluding under 5s)

TRAVEL

8 MARCH

- Stay at home
- No holidays

29 MARCH

- Minimise travel
- No holidays

EVENTS

- Funerals (30)
- Weddings and wakes (6)

STEP 2

No earlier than 12 April

At least 5 weeks after Step 1

EDUCATION

- As previous step

SOCIAL CONTACT

- Rule of 6 or two households outdoors
- Household only indoors

BUSINESS & ACTIVITIES

- All retail
- Personal care
- Libraries & community centres
- Most outdoor attractions
- Indoor leisure inc. gyms (individual use only)
- Self-contained accommodation
- All children's activities
- Outdoor hospitality
- Indoor parent & child groups (max 15 people, excluding under 5s)

TRAVEL

- Domestic overnight stays (household only)
- No international holidays

EVENTS

- Funerals (30)
- Weddings, wakes, receptions (15)
- Event pilots

WHEN AND WHERE TO GET TESTED FOR COVID 19

Reminder about when and where to get tested

Regular testing for COVID-19 is essential in order to detect people who have the virus – with or without symptoms. Importantly, they can then self-isolate and stop passing on the virus to other people.

Remember if you have symptoms or if you, anyone in your household or support bubble tests positive for COVID-19, you must self-isolate for 10 days to prevent the further spread of the virus.

Over the last few months, there have been different testing options introduced, so here's our guide to when and where to get tested depending on your circumstances.

If you have COVID symptoms

If you have any of the COVID symptoms (high temperature, new or persistent cough or a loss of taste or smell), stay at home and book a test through www.nhs.uk/coronavirus or ring 119. There are 3 testing sites in Knowsley for people displaying symptoms (in Huyton, Kirkby and Stockbridge Village) and you will be offered the first available appointment at a test centre. Please note, you need an appointment to attend these testing sites.

If you don't have symptoms and can't work from home

There are 7 SMART test sites operating across the Borough offering testing (through Lateral Flow Tests). You don't need to make an appointment, but please only visit these sites if you do not display any symptoms. For the locations and opening times, [click here](#).

Remember a positive test means you have COVID-19 and you (and others in your household, support bubble and close contacts) need to self-isolate for 10 days.

If you live or work with children

If your household includes school children or people who work with school children, you can collect rapid (lateral) tests from Huyton, Kirkby and Stockbridge Village to carry out regular testing at home. These sites are open from 1pm until 8pm 7 days per week – no appointment is needed but please only attend during the specified times.

You can find your nearest site here: <https://find-covid-19-rapid-test-sites.maps.test-and-trace.nhs.uk/>

Positive result from a test carried out at home

If you receive a positive test result from a test you have carried out at home, you are required to book a confirmatory test through www.nhs.uk/coronavirus or ring 119.

This is not required if you receive a positive test from either the SMART testing site, a test conducted on school premises or a test carried out at the symptomatic testing sites.

Importance of testing

COVID-19 is easily transmitted from person to person and many people can have COVID-19 without having any symptoms. That's why regular testing is essential – it will identify people who have the virus so that they can self-isolate and stop passing it on to others.