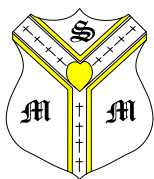


Saint Margaret Mary's Catholic Infant School Newsletter



Friday 2nd October



Delivering the National School Breakfast Programme



National School Breakfast Programme Covid response

Suggested wording for
school website

Covid response under the National School Breakfast Programme

Our school has signed up to receive free healthy breakfast food as part of the Covid response offer, under the National School Breakfast Programme (NSBP), which is being delivered by the charities Family Action and Magic Breakfast. As part of this government funded programme, schools can choose to offer children a healthy breakfast at school or at home.

Our plan is to offer each child in school part of a bagel in the morning as they enter school or as part of their morning snack.

The benefits of a healthy breakfast include children being settled and ready to learn at the start of the day.

SCHOOL WELL BEING AWARD



For over a year, we have been working towards the 'School Well Being Award'. This award would recognise the hard work of all in our school community in recognising the well being of all and finding ways to improve it and maintain it.

It will really help the next steps of our journey if you were able to click on this link and complete this short survey. We will also be on the look out for one or two parents who would like to be a, 'Well being champion' and help us on our journey to achieving this important award.

<https://app.awardplace.co.uk/stakeholder-evaluations/user-survey/5f75abc05ab33>

EARLY YEARS Physical Development– Health and Self Care

Early Learning Goal

Children know the importance for good health of physical exercise, and a healthy diet, and talk about ways to keep healthy and safe. They manage their own basic hygiene and personal needs successfully, including dressing and going to the toilet independently.

The children in reception have got off to a flying start. They are already making progress towards the Early Learning Goals. The Early Learning Goals are the targets that all children are working towards. The one above is in the area called, 'Health and Self Care'. Self care is about independence and removing reliance on adults for everything.



How you can help...

When getting ready for school, encourage your child to do as much as they can on their own. Encourage your child to put their coat on themselves. A good tip is hood on first and then each arm.

When your child has been running around at the park, ask them if they notice how their body feels. Do they feel hot? Can they feel their heart beating? What has happened to their breathing?

Sharing our Faith St Therese of Lisieux– Feast day 1st October

Thérèse was born in France almost 150 years ago. As a girl she was a member of the charity *Mission Together*. As Thérèse grew older she wanted to do more, so she planned to become a **missionary**. A missionary is a person who brings God's love to countries where **people are suffering and in need of help**.

Sadly, Thérèse struggled with poor health and it soon became clear that she was too weak to travel. Although she was disappointed, Thérèse did not lose hope. She decided that she would become a nun.

A nun is a woman who dedicates her whole life to loving God and helping others. She lives with **other nuns** in a building called a convent.



IMPORTANT REMINDERS and MESSAGES

- ⇒ Please do not use the church car park.
- ⇒ Please enter by foot, by the far church gate and walk on the path around the church, across the front of the club to join the path to school.
- ⇒ Please do not walk with your child across the church car park.

Even though a letter was sent home last week, there has been further complaints about people driving on the church car park but also of pedestrians not using the footpaths which are there.

